

MARKET
TAKE A HIKE

CANMORE · ALBERTA

GRAB N' GO

SALADS

Adventure ready salads for wherever the day might take you!

GREEK SALAD 10.50
romaine lettuce, tomato, cucumber, red onion, la moutonnière feta, olives & greek dressing

MARKET SALAD 10.80
mixed lettuce, red onion, bell pepper, cherry tomato, roasted chickpeas & maple dijon dressing

MEDITERRANEAN COUS COUS SALAD 6.50
cous cous, red onion, cucumber, chickpeas, red pepper & dressing

CHEESE & CHARCUTERIE

Packed up and ready to go.

CHEESE BOARD 15
3 cheeses, jam or mustard & olives, or fruit, etc. Packed in a clamshell container ready to go!

CHEESE BOARD 13.50
3 cheeses, mustard & olives or pickles. Vacuum sealed to throw into your backpack.

CHARCUTERIE SELECTION

different pre cut meats vacuum sealed.

SANDWICHES

Sandwich fillings change based on ingredients, check our grab n' go cooler.

MEAT SANDWICH 12

CHICKEN SANDWICH 12

VEGGIE SANDWICH 9

EGG SALAD SANDWICH 9

LITTLE SOMETHING EXTRA

QUICHE 2.50
3 cheeses, jam or mustard & olives, or fruit, etc. Packed in a clamshell ready to go.

GRANOLA 8
greek yogurt, dark chocolate & granola

